



“ WE WANT TO ENSURE OUR YOUNGER GENERATIONS ARE LEAVING POSITIVE FOOTPRINTS FOR THE FUTURE GENERATION TO FOLLOW ”
- ISAIAH DAWE, FOUNDER AND CEO

WHO WE ARE

ID. Know Yourself is a unique Aboriginal led social enterprise providing mentoring and support for Aboriginal and Torres Strait Islander people aged 15-18 living in out of home care. With first hand experience of the out of home care system, we are passionate about breaking the inter-generational cycle of trauma for Aboriginal young people in out of home care.

There are too many Aboriginal young people in the out of home care system and many do not have specific support for life after care. We provide a holistic, culturally-focused support program that reconnects Aboriginal young people with their cultural identity and essential life skills. This will enable them to become strong and resilient Aboriginal men and women, capable of creating their own opportunities in life and reaching their full potential.

ID. Know Yourself is the first mentoring program in NSW that focuses on supporting Aboriginal young people in out of home care.

THE FACTS:



1 IN 3 CHILDREN IN OUT OF HOME CARE ARE ABORIGINAL

50%

MORE THAN HALF OF ABORIGINAL CHILDREN NOT PLACED WITH INDIGENOUS CARERS

14X

14 X MORE LIKELY TO BE HOMELESS

WHAT WE DO

The ID. Know Yourself program delivers group sessions and one-to-one mentoring focusing on six key areas:



IDENTITY AND CULTURE

Activities to increase young people's knowledge of and connection to their Aboriginal culture and heritage. This will include lessons about Aboriginal languages, traditions art and music.



YARN TIME

Brings together young people with indigenous leaders and role models from the corporate, community and sporting fields to share stories and inspire young people to set goals and work towards a greater vision for their future.



MORE THAN MONEY

Supports young people community engagement and volunteering to promote the principles of giving back and build a sense of community.



EDUCATION

Mentors will liaise with young people's schools and Principals, Aboriginal liaison officers to support behaviour, school attendance and completion.



WELL-BEING

Fun and engaging physical activities and health education to promote improved health and well-being.



LIFE AFTER CARE

Provides essential life skills training and support to ensure young people have the knowledge and skills to live independently and flourish in life after care.

WE ALSO PROVIDE INDIVIDUAL WRAP-AROUND SUPPORT SERVICES IN THE HOME, AT SCHOOL AND IN COMMUNITY TO DEVELOP AND PREPARE YOUNG PEOPLE FOR THE FUTURE.



OUR OUTCOMES

SHORT TO MEDIUM TERM GOALS

Social & community

KEY OUTCOMES

Young fullas know where they come from

MEASURES

- The young fullas know about where they are from – including family, community, mob, totem, skin and dance.

Empowerment

Young fullas know what happens after care

- The young fullas know about their Life After Care plan and have basic knowledge of how to live independently

Education and skills

Young fullas understand the importance of school and education
Young fullas increase school attendance and commitment to education

- The young fullas understand the importance of school and are engaged with their education

- Reduction in school absenteeism rate, detention, suspension and need for behavioral school.

MEDIUM TO LONG TERM

Social & community

KEY OUTCOMES

Young fullas have a sense of belonging

MEASURES

- Personal Well-being Index (PWI): personal relationships; feeling part of the community

Young fullas are becoming culturally strong Aboriginal young men or women

- Young fullas feel pride in culture, have positive role models able to handle lifes barriers.

Empowerment

Young fullas have ownership of Life After Care Plan

- Young fullas know their rights / opportunities and input to their plan

- Young fullas have a plan for housing after care

Education and skills

Young fullas finish school and have a plan for employment or further education/training

- Young fullas have a transition plan for employment, further education/training before they leave school

Young fullas understand basics of job readiness, including CV, dress, interview prep

- Attendance at employment readiness session
- Young fullas have useable CV and young fullas have necessary ID documents

OUR FOUNDING TEAM



FOUNDER AND CEO

Isaiah is a Butchulla and Garawa saltwater Murri man. He was taken into the child protection system at just two months old. During his time in care, he went through 17 different placements. He had limited contact with his family or siblings whilst in care, had little understanding of his culture, and experienced extensive abuse and neglect. After care, Isaiah finally learnt independent life skills and the benefit of culture, role models and mentors to help shape his path. He is passionate about breaking the inter-generational cycle of trauma for young Aboriginal people in Out of Home Care. In 2017 Isaiah was the first Aboriginal recipient of the NSW TAFE Graduate of the Year.



PROGRAM DIRECTOR

Eunice Grimes is a proud Murrawarri Punthamurra Aboriginal woman. She independently fosters three Aboriginal children, for which she has received the 2017 NSW KARI carers award for creating significant improvement in their lives. Eunice has represented the Indigenous All-Stars team in the NRL and is a highly-respected woman in the Redfern community, called Aunty by many. Eunice previously worked as the head mentor/manager through a youth engagement boxing program called Tribal Warrior in Redfern. Eunice has a background in teaching and holds a Bachelor of Primary Teaching from UNSW.

GET IN TOUCH WITH US:

02 8396 5300 | ISAIAH@IDKNOWYOURSELF.COM

WWW.IDKNOWYOURSELF.COM | 145 CLEVELAND STREET, DARLINGTON NSW 2008

